









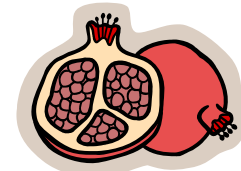
February 2010 St. Basil's School

Name _____

Class _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY																										
1 French Toast Sticks/Syrup Low Fat Sausage 100% Juice Fruit Oatmeal Bar <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Reg. Seconds</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Reg. Seconds	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	2 Hamburger w/choice of Cheese on WW Bun Lettuce/Tomato/Pickle Baked French Fries Cucumbers/FF Dip Fruit <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	3 Baked Ziti/Meatballs Whole Wheat Breadstick Caesar Salad/LF Dressing Sliced Apples w/FF Caramel Dip Healthy Brownie <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	4 Chicken Patty on Wheat Bun Lettuce/Tomato/Pickle Veggie Tray/FF Dip Goldfish <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	5 Domino's Pizza Party Garden Salad w/LF Dressing Fruit Graham Crackers <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> <tr><td>Extra Slice</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	Extra Slice	<input type="checkbox"/>		
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8 Roast Turkey/Gravy Mashed Potatoes Cranberry Sauce Corn Whole Grain Roll  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	9 Stuffed Breadsticks/Sauce Spinach/Tossed Salad Petite Banana Pudding <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	10 Tacos/Cheese/Salsa Shredded Lettuce/Tomato Cornbread Carrot Sticks/FF Dip Fruit  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	11 Lasagna Tossed Salad/LF Dressing Whole Wheat Breadstick Fruit Crisp  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	12 "COUNT THE HEARTS" Domino's Pizza Party Celery Sticks/ FF Dip Fruit Oatmeal Cookie  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> <tr><td>Extra Slice</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	Extra Slice	<input type="checkbox"/>				
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15 NO SCHOOL 	16 NO SCHOOL	17 Mozzarella Sticks/Sauce Whole Wheat Breadstick Tossed Salad w/LF Dressing Fruit Jell-O <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Reg. Seconds</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Reg. Seconds	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	18 Grilled Cheese Sandwich Tomato Soup/Crackers Veggie Tray/ FF Dip Fruit Graham Crackers  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	19 Domino's Pizza Party Caesar salad Fruit Goldfish  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> <tr><td>Extra Slice</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	Extra Slice	<input type="checkbox"/>										
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22 Meatball Sandwich Ranch Potatoes Applesauce Oatmeal Cookie <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	23 Macaroni & Cheese Hot Dog on Bun Carrot Sticks/FF Dip Grapes  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Reg. Seconds</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Reg. Seconds	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	24 Taco Salad w/Tostitos Cheese/Salsa Shredded Lettuce/Tomato Fruit Yogurt Cake <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	25 Chicken Nuggets/BBQ Sauce Whole Grain Roll Veggie Tray/FF Dip Seasonal Fruit <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Reg. Seconds</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Reg. Seconds	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	26 Domino's Pizza Party Tossed Salad/LF Dressing Fruit Pretzel Rods <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> <tr><td>Extra Slice</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	Extra Slice	<input type="checkbox"/>
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Pomegranates: This food is very low in Saturated Fat, Cholesterol and Sodium. It is also a good source of Dietary Fiber and Folate, and a very good source of Vitamin C and Vitamin K.



Pizza	Bagel w/ Cream Cheese, Sliced Tomato, Fresh Fruit, 100% Juice, 1 oz. Cheese Stick, Graham Crackers	Hot Dog on Bun	Turkey/Cheese on Snowflake Roll, Lettuce/Tomato, Fruit, Goldfish	Bagel w/ Cream Cheese, Sliced Tomato, Fresh Fruit, 100% Juice, 1 oz. Cheese Stick, Graham Crackers
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Number of Lunches _____ X \$3.00 = _____ Choice of Milk with all meals.
 Number of Extra Slices _____ X \$1.00 = _____ Menu Subject to Change
 Number of Seconds for Regular Main Component _____ X \$1.00 = _____
 Total due: \$ _____

Sample Boxes: Please check appropriate box

<input type="checkbox"/>	Regular
<input type="checkbox"/>	Alternative
<input type="checkbox"/>	Extra Slice of Pizza on Fridays only