










March 2010 St. Basil's School

Name _____

Class _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY																								
1 Kids Turkey "Subway" Sandwich Lettuce/Tomato 1/2 oz. Chips Carrot Sticks w/FF Dip Fruit <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	2 "Give Away" Chicken Caesar Salad Breadstick Orange Smiles 100% Juice Apple Crisp  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	3 Beef Steak Sandwich/Cheese Garden Salad/LF Dressing Potatoes Pears <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	4 Mozzarella Sticks/Sauce Whole Wheat Breadstick Caesar Salad w/FF Dressing Grapes Goldfish <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Reg. Seconds</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Reg. Seconds	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	5 Domino's Pizza Party Carrot Sticks w/FF Dip Fruit Pretzel Rods  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> <tr><td>Extra Slice</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	Extra Slice	<input type="checkbox"/>
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8 French Toast Sticks/Syrup Low Fat Sausage 100% Juice Fruit Oatmeal Bar <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	9 Hamburger w/choice of Cheese on WW Bun Lettuce/Tomato/Pickle Baked French Fries Cucumbers/FF Dip Fruit <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	10 Baked Ziti/Meatballs Whole Wheat Breadstick Caesar Salad/LF Dressing Sliced Apples/FF Caramel Dip Goldfish <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	11 Chicken Patty on Wheat Bun Lettuce/Tomato/Pickle Veggie Tray/FF Dip Healthy Brownie <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	12 Domino's Pizza Party Sweet Potato & Carrot Crisp Caesar Salad/LF Dressing Fruit Graham Crackers <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> <tr><td>Extra Slice</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	Extra Slice	<input type="checkbox"/>		
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15 Roast Turkey/Gravy Mashed Potatoes Cranberry Sauce Corn Whole Grain Roll  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	16 Teriyaki Chicken w/Steamed Vegetables and Noodles Mini Egg Roll Orange Smiles Fortune Cookie <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	17 Tacos/Cheese/Salsa Shredded Lettuce/Tomato Cornbread Veggie Tray/FF Dip (Broccoli, Celery Snow Peas & Cucumbers) Fruit  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	18 Lasagna Whole Wheat Breadstick Tossed Salad w/FF Dressing Fruit Crisp  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	19 Domino's Pizza Party Celery Sticks/ FF Dip Fruit Oatmeal Cookie  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> <tr><td>Extra Slice</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	Extra Slice	<input type="checkbox"/>		
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22 Chicken Quesadillas w/Salsa Corn Sweet Potato Fries Chilled Fruit <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	23 Stuffed Breadsticks/Sauce Caesar Salad/LF Dressing Petite Banana Pudding Oatmeal Cookie <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	24 Spaghetti/Chicken Parmesan Italian Bread Tossed Salad/LF Dressing Fruit Jell-O <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	25 Grilled Cheese Sandwich Tomato Soup/Crackers Veggie Tray/ FF Dip Fruit Graham Crackers  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	26 Domino's Pizza Party Caesar salad Fruit Goldfish <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> <tr><td>Extra Slice</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	Extra Slice	<input type="checkbox"/>		
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29 Meatball Sandwich Ranch Potatoes Applesauce Oatmeal Cookie <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	30 Hot Dog on Bun Baked Beans Carrot Sticks/FF Dip Apple Slices w/FF Caramel Dip  <table border="1" style="float: right;"> <tr><td>Regular</td><td><input type="checkbox"/></td></tr> <tr><td>Reg. Seconds</td><td><input type="checkbox"/></td></tr> <tr><td>Alternative</td><td><input type="checkbox"/></td></tr> </table>	Regular	<input type="checkbox"/>	Reg. Seconds	<input type="checkbox"/>	Alternative	<input type="checkbox"/>	31 <h2>NOON DISMISSAL</h2>		 <p>Potatoes are an excellent source of vitamin C, and if you eat the skins they are also a great source of potassium and fiber. One medium sized potato has only 100 calories and no fat or cholesterol. Try topping a baked potato with your favorite salsa and shredded cheese.</p>														
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Pizza	Bagel w/ Cream Cheese, Sliced Tomato, Fresh Fruit, 100% Juice, 1 oz. Cheese Stick, Graham Crackers	Hot Dog on Bun		Turkey/Cheese on Snowflake Roll, Let- tuce/Tomato, Fruit, Goldfish	Bagel w/ Cream Cheese, Sliced Tomato, Fresh Fruit, 100% Juice, 1 oz. Cheese Stick, Graham Crackers																							

Number of Lunches _____ X \$3.00 = _____

Choice of Milk with all meals.

Number of Extra Slices _____ X \$1.00 = _____

Menu Subject to Change

Number of Seconds for Regular Main Component _____ X \$1.00 = _____

Total due: \$ _____

Sample Boxes: Please
check appropriate box

<input type="checkbox"/>	Regular
<input type="checkbox"/>	Alternative
<input type="checkbox"/>	Extra Slice of Pizza on Fridays only